

PM 599

SUSTAINABLE DEVELOPMENT& HEALTH:

PERSPECTIVES FROM COSTA RICA

TRIP DATES: May 23-June 4, 2020

TRIP SCHEDULE

Saturday	Activity
	Arrival at SJO and transfer from airport to Hotel Park Inn. (transfers provided if arriving on recommended group flight from LA.)
Sunday	Activity
8:30am-6:30pm	Full-day guided excursion to Doka Coffee Estate and La Paz Waterfall Garden to learn about history of Costa Rica, including the population transition, clean energy and sustainable tourism, and socioeconomic development, especially focusing on the coffee industry. Includes breakfast and lunch. Overnight in San Jose again.
Monday	Activity
8:30 – 9:00 am	Breakfast at hotel.
9:00 – 9:45am	LECTURE: Welcome & Introduction to Course
9:45-10:15am	LECTURE: Ethics Presentation
10:15 – 11:15am	UNIT 1 LECTURE: Overview of the Costa Rican Health System
11:15-11:45am	Bus transfer
11:45-1:00pm	FIELD VISIT: Children’s Hospital
1:00pm- 2:00pm	Lunch
2:30-4:00pm	FIELD VISIT: PAHO
4:00-5:00pm	Bus transfer to hotel & debriefing.
6:00-7:30pm	Welcome dinner. Overnight here.
Tuesday	Activity
8:00 – 8:30 am	Breakfast at hotel.
8:30 – 10:00am	UNIT 2 LECTURE: Human Rights
10:00am-10:30am	Bus Transfer
10:30 – 12:00 pm	FIELD VISIT: the Inter American Court of Human Rights
12:00--1:30pm	Lunch in San Jose
1:30-2:30pm	Bus Transfer
2:30-5:00pm	FIELD VISIT: Women’s prison



Wednesday	Activity
7:30 – 8:00 am	Breakfast at hotel.
8:00--9:30am	UNIT 2 LECTURE: Structural Violence
9:30– 10:00 am	Bus Transfer
10:00-11:00am	FIELD VISIT: Medical Tourism (plastic surgery clinic)
11:00—6:00pm	Depart to San Vito (approx. 6 1/2 hours by bus) with stop for lunch.
6:00pm-8:00pm	Arrival, dinner, check into OTS Biological Station Rooms. Time for homework.
Thursday	Activity
6:30 – 7:15am	Breakfast
7:30- 9: 00 am	LECTURE: Guided tour of OTS Facility and Grounds
9:30- 11:30 pm	UNIT 3 LECTURE: Migration and Health
12:00 – 1:00 pm	LUNCH at OTS.
1:30 – 4:30pm	FIELD VISIT: Joy Houses
6:00 -7:00pm	Dinner. Time for homework. Overnight again in San Vito.
5:00-6:00pm	Bus transfer to hotel.
6:30-7:30pm	Dinner. Time for homework. Overnight again here.
Friday	Activity
6:30 – 7:15am	Breakfast
7:30- 9: 15 am	UNIT 4 LECTURE: Culture and Health
9:30 – 12:00pm	FIELD VISIT: La Casona Indigenous Community.
12:30--1:30pm	Lunch at OTS.
2:00 – 5:00pm	FIELD VISIT: Rio Sereno - Costa Rica and Panama Border Health Post
6:00 -7:00pm	Dinner. Time for homework. Sleep in San Vito at OTS.
Saturday	Activity
6:30 – 7:15am	Breakfast
8:00- 10:00 am	UNIT 5 LECTURE: Climate Change
10:30-3:30pm	Depart for Pto Jimenez. FIELD VISIT: Palm Oil Plantation. Lunch on the way.
3:30 – 5:30 pm	Arrival and Check into Hotel Agua Dulce.
5:30pm-6:30pm	GROUP EXERCISE on Climate Change
6:30pm-7:00pm	Dinner and time for homework.

Sunday	Activity
8:00 am	Breakfast & Free Day for homework. Overnight again at Agua Dulce.
Monday	Activity
8:00 – 8:30am	Breakfast
8:30- 10: 00am	UNIT 6 LECTURE: Changing Ecosystems and Environments
10:00 - 2:30 pm	FIELD VISIT: Playa Blanca Mangroves with guided kayak tour and lunch.
3:30-5:30	Group EXERCISE.
5:30 – 6:30pm	Time to work on journals and study for exam. Dinner. Overnight again here.
Tuesday	Activity
8:30 – 9:30 am	Breakfast
9:30 – 11:00am	FIELD VISIT: Dos Brazos del Rio Tigre
11:00 – 12:30pm	UNIT 7 LECTURE: Infectious Diseases
1:00pm- 2:00pm	LUNCH.
2:30-4:30pm	GROUP EXERCISE.
6pm	Dinner. Time for homework. Overnight again at Agua Dulce.
Wednesday	Activity
7:00- 8:00 am	Breakfast
8:00 – 9:00 am	Study Time.
9:00 – 11:00 pm	FINAL EXAM.
11:30 -12:30pm	Lunch & checkout.
1:00 – 3:00pm	Flight to SJO and check into San Jose hotel.
6:00 – 7:30 pm	Farewell dinner and debriefing at local restaurant.
Thursday	Activity
TBD	Departure to US